

**Integral University, Lucknow**  
**Integral Institute of Allied Health Sciences & Research**  
**Department of Physiotherapy**

Ref. No: IU/IIAHS&R/PT/Workshop/Notice/2021/18

Date: 10/03/2021

**Notice**

As per the curriculum of Physiotherapy for enhancement and upgradation of knowledge, department of Physiotherapy is going to organize a workshop in March 2021. In this regard a meeting is to be scheduled on the 11<sup>th</sup> March 2021 for the session 2020-21. All the faculty members are hereby informed to available in the HoD office at 12:00PM.

CC to:

1. All faculty members of Physiotherapy
2. Notice Board

(Dr. Ashfaq Khan)  
Head, Physiotherapy

Deptt. of Physiotherapy  
Integral University, Lucknow

**Integral University, Lucknow**  
**Integral Institute of Allied Health Sciences & Research**  
**Department of Physiotherapy**

Ref. No: IUL/IIAHS&R/PT/Workshop/Minutes/2021/19

Date: 11/03/2021

**MINUTES OF MEETING FOR WORKSHOP**

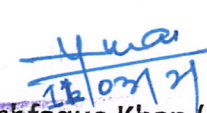
As per the curriculum of Physiotherapy for enhancement and upgradation of knowledge, department of Physiotherapy is going to organize a workshop in March 2021. In this regard a meeting was held on 11<sup>th</sup> March 2021 in the HoD office at 12:00PM.

The following members are attended the meeting:

1. Dr. Abdur Raheem Khan
2. Dr. Mohd. Javed Iqbal
3. Dr. A.M.H.Inam
4. Dr. Neeraj Maurya
5. Dr. Ammar Faisal Khan
6. Dr. Namrata Suri
7. Dr. Shaikh Shohaim Mohd
8. Dr. Sadiya Begum
9. Dr. Taufish Ahamad

Following aspects were discussed and planned regarding participating in the Workshop 2021:

1. The Workshop date is proposed on 20<sup>th</sup> March 2021 by the Head, Physiotherapy
2. The Resource person proposed for the workshop is **Dr. Mohd. Zohaib Qazi (PT)**, Physiotherapist, Try Care Reactive Centre, Lucknow. The nomination was given by **Dr. Namrata Suri**.
3. The topic of presentation confirmation from speaker & faculty and members was **"Workshop on Cupping Therapy"**.
4. Dr. Ammar Faisal Khan – Escort and Guest + Refreshment and Students Refreshment
5. Dr. Abdur Raheem Khan - Audio Visual & Demo Room and Dias Arrangement Pick and drop Guest from Station.
6. Dr. Namrata Suri – Welcome speech & Memento for Guest.
7. Dr. Neeraj Maurya – Arrangement of Lecture Theatre and Lab.
8. Dr. Mohd. Javed Iqbal – Brochure, certificate and Banner
9. The team of faculty members will be formed and allotted different tasks with respect to the Workshop.
10. Dr. Ashfaque Khan – Vote of thanks

  
**Dr. Ashfaque Khan (PT)**  
Head, Physiotherapy

**Deptt. of Physiotherapy**  
**Integral University, Lucknow**



# Skills enhancement

On

# “Cupping Therapy”

# 20<sup>th</sup> March 2021

**Venue: Phase-III, Multipurpose Hall, IIAHS&R,  
Integral University, Lucknow**

**Resource Person: Dr. Mohd. Zohaib Qazi (PT), Physiotherapist,  
Try Care Reactive Centre, Lucknow**





# INTEGRAL UNIVERSITY

## DEPARTMENT OF PHYSIOTHERAPY

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Ref. No: IUL/IIAHS&R/PT/Workshop/Invitation/2021/21

Date: 11/03/2021

To,

**Dr. Mohd. Zohaib Qazi (PT)**

Physiotherapist

Try Care Reactive Centre

Lucknow

**Subject:** Invitation as a Guest for Workshop on "Cupping Therapy" on 20<sup>th</sup> March 2021.

Dear Sir,

We are pleased to invite you to grace the occasion of one day workshop on 'Cupping Therapy' scheduled on 20<sup>th</sup> March 2021 conducted by that Integral Institute of Allied Health Science (IIAHS&R), Department of Physiotherapy at Integral University, Lucknow.

Your presence is very much solicited for the success of event.

Waiting for your kind consent.

Thanking you.


*Y. A.*  
11/03/21  
**Dr. Ashfaque Khan (PT)**  
Head, Physiotherapy  
Deptt. of Physiotherapy  
Integral University, Lucknow

**INTEGRAL UNIVERSITY, LUCKNOW**  
**INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH**  
**DEPARTMENT OF PHYSIOTHERAPY**

Dated: 12/03/2021

**NOTICE**

This is inform all the students of BPT final year that the workshop is to be scheduled on 20<sup>th</sup> March 2021, by **Dr. Mohd. Zohaib Qazi (PT)**, Physiotherapist, Try Care Reactive Centre, Lucknow on **"Cupping Therapy"** in the department of Physiotherapy. Attendance will be mandatory for all the students.



































  
12/03/21  
**Dr. Ashfaque Khan (PT)**  
Head, Physiotherapy  
Deptt. of Physiotherapy  
Integral University, Lucknow

Copy To,

1. Dean IIMS&R – for kind information
2. Medical Superintendent - for kind information
3. Dean Academic Affairs, IUL
4. Medical Education Unit
5. All Faculty Members of Physiotherapy
6. All HOD, IIMS&R
7. Notice Board
8. Office Copy



**INTEGRAL UNIVERSITY, LUCKNOW**  
**INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH**  
**DEPARTMENT OF PHYSIOTHERAPY**  
**"WORKSHOP ON CUPPING THERAPY"**  
**ONE DAY HANDS ON WORKSHOP**  
**20<sup>th</sup> March 2021**  
**ATTENDANCE**

S.No.	Name	Year	Signature	S.No.	Name	Year	Signature
1.	Nafisa Nasreen	4 <sup>th</sup>		36.	Sabiya bano	4 <sup>th</sup>	
2.	Shipra Mishra	"		37.	Zeba Fatima	4 <sup>th</sup>	
3.	Aisha Khan	"		38.	Priya Yadav	"	
4.	Mariya Siddiqui	"		39.	Safiya Tabas	"	
5.	Mariyam Fatima	"		40.	Farwaz	"	
6.	Nida Wasim	"		41.			
7.	Anjali Yadav	"		42.			
8.	Nishat Akhtar	"		43.			
9.	Shifa-fatima	"		44.			
10.	Tahseen Manzoor.	"		45.			
11.	Sana Baig	"		46.			
12.	Sarah Sajid	"		47.			
13.	Zainab Ansari	"		48.			
14.	Ayesha Farooqui	"		49.			
15.	Sadey Iram	"		50.			
16.	Masruba Mariya Sam	"		51.			
17.	Subbuki Khan	"		52.			
18.	Shafiq Rahman	"		53.			
19.	Swati Singh	"		54.			
20.	Mariya Naz	"		55.			
21.	Hammad	"		56.			
22.	Museef Ahmad Warsi	"		57.			
23.	Ultima Affaq	"		58.			
24.	Zeba Shoaib	"		59.			
25.	Tooba Shoaib	"		60.			
26.	Rishub Nigam	"		61.			
27.	Syed Mohd Ammar	"		62.			
28.	Mariya Shahid	"		63.			
29.	Mahsaneen Akhtar	"		64.			
30.	Ankit Pal	"		65.			
31.	Anzar Ahmad	"		66.			
32.	Mariya Fatima			67.			
33.	Santosh Ahnaci			68.			
34.	Mobashera Khan			69.			
35.	Saniya bano			70.			

Zeba Fatima  
Priya



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**ATTENDANCE**

S.No.	Name	Year	Signature	S.No.	Name	Year	Signature
1.	Apoorva Singh	IV	Apoorva	36.	Jeewan Jot Ram	IV	Jeewan
2.	Aastha	IV	Aastha	37.	Tuba Parvez	IV	Tuba
3.	Siddharth	IV	Sidh	38.	Shagupta Parveen	IV	Shagupta
4.	Farheen	IV	Farheen	39.	Maqbool Ikram	IV	Maqbool
5.	Asmita Tiwari	IV	Asmita	40.	Nilay K. Mandal	IV	Nilay
6.	Shrinkhela	IV	shrinkhela	41.	Prachi Singh	IV	Prachi
7.	Sonali Tiwari	IV	Sonali	42.	Afrin Firdaus	IV	Afrin
8.	Mehfooz	IV	Mehfooz	43.	Sajid Ali Khan	IV	Sajid
9.	Deefak Pandey	IV	Deefak	44.	Shivam	I	Shivam
10.	Ahna Siddiqui	IV	Ahna	45.	Sulthana Poojap	"	Sulthana
11.	Sarah	IV	Sarah	46.	Shivendro V.	"	Shivendro
12.	Nejani Khatoon	"	Nejani	47.	Tunaid Shabaz	"	Tunaid
13.	Mariyam Jomala	"	Mariyam	48.	Sufiya	"	Sufiya
14.	Saeed Rahman	"	Saeed	49.	Rasmi	"	Rasmi
15.	Khan Laiba Mahud	"	Laiba	50.	Rachna	"	Rachna
16.	Mohd AKib Chaudhary	"	Mohd	51.	Pragati	"	Pragati
17.	Rayyan Jamal	"	Rayyan	52.	Dileep	"	Dileep
18.	Albert Ekka	"	Albert	53.	Noor Hamid	"	Noor
19.	Kajal Kumari	"	Kajal	54.	Aashima	"	Aashima
20.	Shomiya Shakeel	"	Shomiya	55.	Pragya	"	Pragya
21.	Maham Fatima	"	Maham	56.	Shazia	"	Shazia
22.	Mohammad Zishan Alam	"	Mohammad	57.	Deeya Kasidham	"	Deeya
23.	Naseeba Begum	"	Naseeba	58.	Praveen	"	Praveen
24.	Nayana Bee	"	Nayana	59.	Ashmita	"	Ashmita
25.	Mariyam Noor	"	Mariyam	60.	Meryamuddin	"	Meryam
26.	Benazeer Khan	"	Benazeer	61.	Harnaaz Anwar	"	Harnaaz
27.	Anupama Singh	"	Anupama	62.	Anupama	"	Anupama
28.	Anjum Khan	"	Anjum	63.	Heena	"	Heena
29.	Sefa Rehman	"	Sefa	64.	Ravindra Masood	"	Ravindra
30.	Kim Nicky Dubey	IV	Nicky	65.	Sugrati	"	Sugrati
31.	Ashu Kushwaha	"	Ashu	66.	Sushant	"	Sushant
32.	Pinus Mourya	"	Pinus	67.	Zahraam	"	Zahraam
33.	Sakshi Gupta	"	Sakshi	68.	Anchal, Sri	"	Anchal
34.	Neha Anjum	"	Neha	69.	Salina Karim	"	Salina
35.	Shahla	"	Shahla	70.	Tahereh Khan	"	Tahereh
	Shagufta	"	Shagufta		Yasmeen	"	Yasmeen
	Hammad	"	Hammad		Annu Yadav	"	Annu
					Divya Sinha	"	Divya



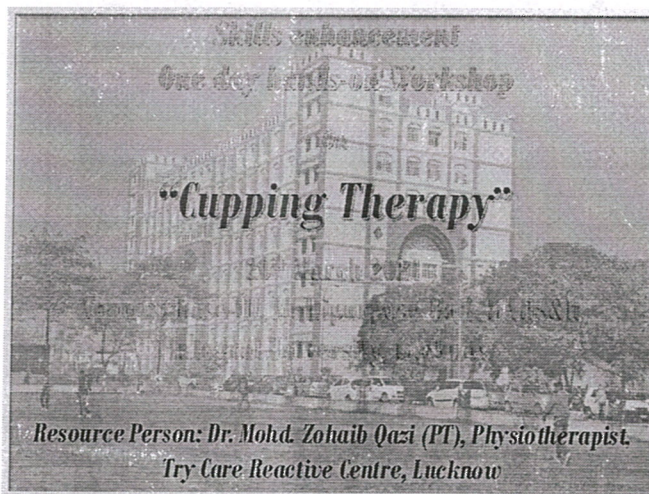
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**INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH**  
**DEPARTMENT OF PHYSIOTHERAPY**

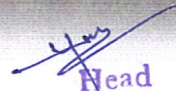
Dated: 22/03/2021

**Workshop Report**

A one day hands on workshop on the topic **"Workshop on Cupping Therapy"** was conducted by the department of Physiotherapy, Integral University, Lucknow on 20<sup>th</sup> March 2021.

**Dr. Mohd. Zohaib Qazi (PT)**, Physiotherapist, Try Care Reactive Centre, Lucknow was resource person. Dr. Zohaib demonstrated basic concept essential for learning the cupping therapy techniques with emphasis on its application. He demonstrated various approaches of cupping (static and dynamic) techniques.



  
**Head**  
**Deptt. of Physiotherapy**  
**Integral University, Lucknow**

Cont. 2





Students from Bachelor of Physiotherapy (BPT) final year were present at the workshop. Dr. Ashfaq Khan (PT), Head, department of physiotherapy expressed his gratitude to the speaker.

*Yuna*  
*22/08/21*  
**(Dr. Ashfaq Khan)**  
Head, Physiotherapy  
**Deptt. of Physiotherapy**  
**Integral University, Lucknow.**